

2022-2023 Calendar						
November						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
14	15	16	17	18	19	20
	Practice 6:30-9:00pm @Naydenov	Conditioning 2:30-4:00pm @River	Practice 6:30-9:00pm @Naydenov	Practice 6:30-9:00pm @Naydenov	Practice 7:00-9:30am @Naydenov	
21	22	23	24	25	26	27
	Practice 6:30-9:00pm @Naydenov	Conditioning 2:30-4:00pm @River	Holiday	Practice 6:30-9:00pm @Naydenov	Practice 7:00-9:30am @Naydenov	
28	29	30				
	Practice 6:30-9:00pm @Naydenov	Conditioning 2:30-4:00pm @River				
December						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2	3	4
			Practice 6:30-9:00pm @Naydenov	Practice 6:30-9:00pm @Naydenov	Practice 7:00-9:30am @Naydenov	
5	6	7	8	9	10	11
Practice 6:30-9:00pm @Naydenov	Practice 6:30-9:00pm @Naydenov	Conditioning 2:30-4:00pm @River	Practice 6:30-9:00pm @Naydenov	Team Building	Meet Day	
12	13	14	15	16	17	18
Practice 6:30-9:00pm @Naydenov	Practice 6:30-9:00pm @Naydenov		Practice 6:30-9:00pm @Naydenov		Meet Day	
19	20	21	22	23	24	25
Practice 6:30-9:00pm @Naydenov	Practice 6:30-9:00pm @Naydenov		Practice 6:30-9:00pm @Naydenov		Holiday	
26	27	28	29	30	31	
Practice 6:30-9:00pm @Naydenov	Practice 6:30-9:00pm @Naydenov		Practice 6:30-9:00pm @Naydenov		Practice 7:00-9:30am @Naydenov	